

# CONTACT ASSESSMENT AND MANAGEMENT MATRIX

**Contact** = any staff member or contractor who has contact with a confirmed positive case of COVID-19 in a **non-household** setting.

**Case** = any confirmed positive case of COVID-19.

## EXPOSURE EVENT RISK ASSESSMENT

An exposure event is contact with a confirmed case of COVID-19 during their infectious period.

1. The business conducts a risk assessment for each exposure event using the contact assessment and management matrix.
2. Individuals are identified as contacts or low risk. Contact lists are managed by the workplace and are not provided to the Local Public Health Unit unless specifically requested (for example, during an outbreak).
3. Individuals must follow the testing and quarantine requirements for their assessed level of risk (low risk or contact).

	No exposure	Low-risk exposure scenario:	Medium-risk exposure scenario:	High-risk exposure scenario:
		<p>Contact with a confirmed case in their infectious period that is:</p> <ul style="list-style-type: none"> <li>• face-to-face (&lt;1.5m) and transient (&lt;1 minute)</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• distanced (&gt;1.5m) and any duration in a large (&gt;300m<sup>2</sup>) indoor space or outdoors</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• <i>does not meet the criteria for medium or high risk</i></li> </ul>	<p>Contact with a confirmed case in their infectious period that is:</p> <ul style="list-style-type: none"> <li>• face-to-face (&lt;1.5m) and non-transient (1–15 minutes)</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• distanced (&gt;1.5m) and very prolonged (&gt;2 hours) in a medium-sized indoor space (100–300m<sup>2</sup>)</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>• <i>does not meet the criteria for high risk</i></li> </ul>	<p>Contact with a confirmed case in their infectious period that is:</p> <ul style="list-style-type: none"> <li>• face-to-face (&lt;1.5m) and prolonged (&gt;15 minutes)</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• direct physical contact (for example, shaking hands, hugging, kissing)</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>• distanced (&gt;1.5m) and very prolonged (&gt;2 hours) in a small indoor space (&lt;100m<sup>2</sup>)</li> </ul>
<b>Masks not worn*</b>	Extremely low risk	Low risk	Contact	
<b>Masks worn</b>	Extremely low risk	Low risk	Low risk (if vaccinated)	Contact (if unvaccinated)

\*Mask not worn by either the case or the person exposed. Incorrect mask use or a medical mask exemption is to be considered the same as 'no mask' for assessment and management. Note: time periods are cumulative across a period of one day (for example, two separate 10-minute exposures should be assessed as a 'prolonged' (>15 min) exposure).

## QUARANTINE AND TESTING REQUIREMENTS

What you need to do	Low risk (and extremely low risk)	Monitor for symptoms and get PCR tested if you have any symptoms, however mild.
	Contact	Daily rapid antigen testing for 5 days after contact notification. There are no ongoing quarantine requirements and contacts may return to work. If a rapid antigen test is positive or the contact develops symptoms, they must have a PCR test and isolate until they receive a negative result.

Note: a positive rapid antigen test must be confirmed by a PCR test.

## THE PRESENCE OF SYMPTOMS ALWAYS REQUIRES TESTING

OFFICIAL



Department of Health